

PERCEIVED CONTROL SCALE FOR CANCER PATIENTS

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Interview instructions:

Not surprisingly, a number of cancer patients find that they have less control in some areas of their lives than they did before being diagnosed with cancer. We'd like to know the extent to which this has happened to you. This may get a little repetitious. I'm going to repeat the same questions for nine different areas. Please bear with me.

1. a. To what extent do you have control over your feelings (whether or not you feel depressed, happy, or anxious)?

- No control at all
- Just a little control
- A moderate amount of control
- A great deal of control

b. What types of things, if any, have you tried to do to have control over your feelings?

c. How effective have these been? Not at all effective Moderately effective
 Very effective

The same format of question is repeated for the other 8 areas:

physical symptoms
quality of relationship with spouse
quality of relationship with family
quality of relationship with friends
medical treatment
medical information you receive
progression of your disease
overall in your life

The scoring of the scale is described in Thompson, Sobolew-shubin, Galbraith, Schwankovsky, & Cruzen. (1993). *Journal of Personality and Social Psychology*, 64, 293-304.